Homeless: Actual developments from the Netherlands

Prague, May 20th 2015
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Working on perspective

- Rehabilitation at home
- Housing with weekly support
- Small community housing
- 24h shelter
- Day and night shelter
- Streetwork
Treatments for homeless people

- Collaboration with many centres for Mental health
- SA centre for mental health – Arnhem
- Recovery centre ‘De Wending’ – Ugchelen
- Mental health programs:
  - Agression regulation training
  - Cognitive behavioral therapy
  - Pharmaco-therapy
  - Libermann training
  - Psycho-education (Autism, ADHD, addiction)
  - Social empowerment training
  - EMDR (eye movement desensitization and Reprocessing)
Working on perspective

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MID

- Mild Intellectual Disability
  - Research 2013: 33%
  - Hayes Ability Screening Index (HASI)
  - Lack of informal support
  - Systems more complex and excluding
SA-response

- Training: awareness
- 2 shelters for MID
- Methodology development
Loneliness

• National disease
  – 30%, cities >50%
  – Leads to psychological and physical health problems, low self esteem, social exclusion
  – Loosing access to public health and welfare programmes
Loneliness our response

- National research
  - Young people (40%)
- Livingroom in the neighborhood (at Bosshardt)
- Coalition against loneliness
- Involves churches
Debts

- 15% of households has financial problems, and increases rapidly
- 800,000 inhabitants need direct help
- Average debt: 40,000 euro
- Stress, fear and evasive behaviour, creates dropouts
- Causes: costs health (assurance), mobile phones, mailorder companies, housing market
- Housing eviction: increases since 2010
Debts(2): SA-response

- Prevention programmes Housing eviction
- Create a safe place (different groups)
- Budget support programmes
Human trafficking

- 2012: National initiative
- Example Rotterdam
  - Streetwork
  - Shelter
  - Appartments
  - Volunteers from churches
  - Training
  - Next step: Small scale economic initiatives
- International approach (project Romania)
Problem of migration

- Increasing issue
- Political issue
- New initiatives
- SA-response: food and shelter is a basic need for everybody and should be provided unconditionally
- Perspective?
End of the presentation, not of the challenges and actions ahead